

treatment provided for patients with TB, even though the quality of critical care has improved dramatically since the beginning of this study [2]. In Korea, directly observed therapy (DOT) is not routinely followed [1]. Instead, daily therapy is given, even during the continuation phase, in almost 100% of patients. Ethambutol is usually prescribed for the entire 6 months. These are probably the reasons why TB has been controlled successfully in Korea, despite the fact that DOT has not been adopted. The prevalence of TB dropped dramatically from 5.1% in 1965 to 1.0% in 1995 [3]. In our present study [2], because all patients were supported by mechanical ventilation, anti-TB drugs were taken *via* nasogastric tube or gastrostomy tube, and it was not possible to skip medications.

As D. Aggarwal commented, the mortality rate was very high in this study. However, drug resistance, especially multidrug-resistance, was not an important risk factor for mortality because only 2 out of 90 patients had multidrug-resistant tuberculosis. Even though old age was revealed to be a poor prognostic factor in patients with tuberculosis with respiratory failure who required mechanical ventilation, as D. Aggarwal mentioned, old age is already a well-known poor prognostic factor in several diseases. The most important finding in this study is that corticosteroid use may reduce mortality in patients with severe pulmonary tuberculosis with respiratory failure who require mechanical ventilation. However, because

of the inherent limitations of this retrospective study, investigators cannot conclude that steroids are beneficial in reducing mortality in these patients. A prospective randomised study should be conducted to further explore this topic.

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STATEMENT OF INTEREST

None declared.

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High incidence of sputum smear negative tuberculosis during HAART in Burkina Faso

To the Editors:

Tuberculosis (TB) and HIV co-infection is a public health priority in sub-Saharan Africa, where TB is the leading cause of death among HIV infected patients and the first manifestation of the HIV infection. [1–3]. An unprecedented global effort allowed increasing access to antiretroviral treatment in Africa, where >2 million persons received highly active antiretroviral therapy (HAART) at the end of 2007 [1].

There is evidence that HAART reduces the risk of TB, in both industrialised [4] and resource-limited countries in sub-Saharan Africa and south-east Asia [5–9]. However, there is no information on the HAART impact on the incidence of the different TB forms (sputum smear positive pulmonary (SSP-PTB), sputum smear negative (SSN-PTB) and extrapulmonary (EPTB)).

We have measured TB incidence in a retrospective cohort of HIV infected persons who started HAART in four HIV/AIDS treatment centres in Ouagadougou, Burkina Faso. All consecutive HIV-seropositive patients aged ≥ 15 yrs, TB-free at HAART initiation, with a follow-up of 12 months or longer were included in the analysis. TB diagnosis was based on internationally accepted criteria [10]. Pulmonary TB (PTB) was diagnosed by microscopy (SSP-PTB) or, in the case of SSN-PTB,

on algorithms requiring all the following criteria: 1) chest radiography compatible with active TB; 2) unresponsiveness to ≥ 1 course of large-spectrum antibiotic; and 3) clinician's decision to prescribe a full course of anti-TB therapy. EPTB was based on the clinician's decision to prescribe a full course of anti-TB therapy on the basis of evocative clinical signs, radiological findings and biochemistry of body fluids. Routine culture for *Mycobacterium tuberculosis* is not available in Burkina Faso.

A cohort of 2,383 HIV-seropositive persons were followed-up for a mean period of 836.1 ± 443.4 days. More than a half were classified as World Health Organization (WHO) stage III or IV and 83% had a CD4 cell count of < 200 cells $\cdot \mu\text{L}^{-1}$ at HAART initiation. A total of 70 TB cases were diagnosed, including 18 (26%) SSP-PTB, 25 (36%) SSN-PTB and 27 (38%) EPTB. Among the 27 EPTB cases, the most frequent TB sites were lymph node (12 (44%) cases), pleura (5 (18.5%) cases) and peritoneum (4 (15%) cases).

TB incidence declined from 2.80 (95% confidence interval (CI) 1.60–4.54) in the first trimester of HAART to 0.05 (95% CI 0.01–0.16) cases per 100 person $^{-1}$ \cdot yr $^{-1}$ for ≥ 12 months after its initiation among SSN-PTB patients, from 1.40 (95% CI 0.60–2.75) to 0.05 (95% CI 0.01–0.16) cases per 100 person $^{-1}$ \cdot yr $^{-1}$ among SSP-PTB patients, and from 1.57 (95% CI 0.72–2.99) to 0.07 (95% CI 0.02–0.19) cases per 100 person $^{-1}$ \cdot yr $^{-1}$ among EPTB patients (fig. 1).

The present study results demonstrate that there are two times more SSN-PTB than SSP-PTB during early HAART. The decreasing trend was similar for SSP-PTB and SSN-PTB; because the former is a specific indicator for TB incidence, therefore most SSN-PTB patients (being diagnosed largely on radiological ground) were likely to be true TB cases. EPTB incidence also showed a declining trend, an important clue in resource-limited countries considering the high cost and complexity of instruments necessary for the diagnosis and follow-up of such cases.

National TB programmes in resource-limited settings should be aware that most cases arising during the initial HAART stages are PTB cases that are negative at microscopy examination. The adoption of stringent diagnostic criteria would likely result in gross under-diagnosis of TB. High SSN-PTB incidence implies an increased workload, as diagnosis of this condition is significantly more demanding. Although culture has been advocated to increase microbiological sensitivity [3], the fragile health infrastructure in most resource-limited settings seems to make this an unrealistic goal in the midterm. Radiological facilities should as a minimum be strengthened. Finally, research on differential diagnosis of suspect EPTB cases and the identification of appropriate diagnostic procedures for this condition is warranted.

Overall, the high incidence of tuberculosis during early highly active antiretroviral therapy, with most cases presenting with negative microscopy, clearly indicates that HIV programmes in resource-limited settings need to invest more on tuberculosis diagnosis and care to reduce individual morbidity and mortality and to prevent nosocomial transmission of the disease.

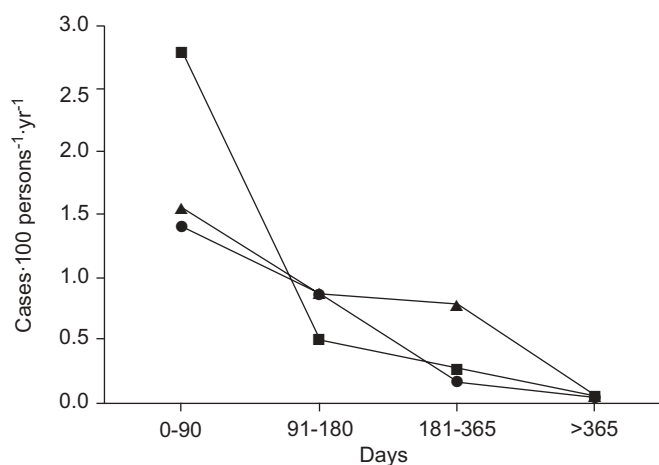


FIGURE 1. Incidence of tuberculosis (TB) among HIV seropositive patients (cases per 100 persons⁻¹·yr⁻¹) by timing after initiation of highly active antiretroviral therapy and site of the disease in Burkina Faso in the period 2005–2007. ●: sputum smear positive pulmonary TB (PTB); ■: sputum smear negative PTB; ▲: extrapulmonary TB.

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STATEMENT OF INTEREST

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